

# 01

## Sex Education for Service Providers



"What birth control should I use?" "Are STD tests covered by Medicaid?" "Do I have to tell my parents I'm going to a sexual health appointment if I'm 16?" "What are the adoption and termination laws in my state for my age group and how far along I am in pregnancy?" "I am trans. Doesn't my hormone therapy protect me from pregnancy?"

Have answers to all of these questions? Neither do your clients. And they may come to you hoping that you'll be able to fill in the blanks.

### **RAISE YOUR HAND IF YOU ARE A SEX EDUCATOR. SPOILER ALERT: EVERYONE'S HANDS SHOULD BE RAISED!**

If you are doing the work of walking alongside other people as a case manager, therapist, or other service professional, the way you communicate about sexuality is crucial. This workshop examines our language around human sexuality, and approaches the topic from a trauma-informed perspective.

This is a 2 hour workshop, with the option to extend to 3 hours for a deeper dive into your organization's specific service population.



SEEK & SUMMON

# 02

## Sex Education for Service Providers

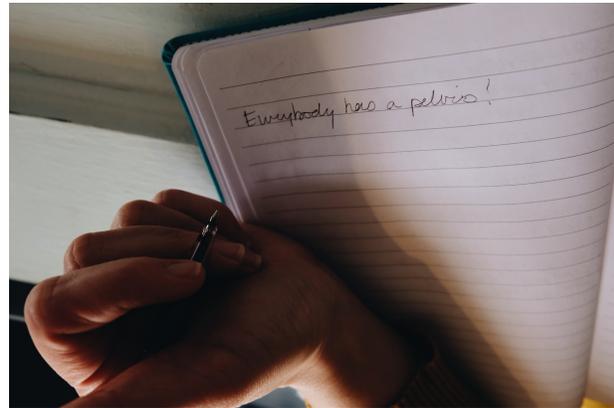
**WE KNOW THAT PEOPLE HEAL IN RELATIONSHIP. I BELIEVE IT IS HOW THEY LEARN, TOO. IF YOU ARE TRUSTED TO ACCOMPANY SOMEONE ON THEIR HEALING JOURNEY, YOU MAY ALSO BE TRUSTED WITH THEIR MOST INTIMATE QUESTIONS.**

This training will ask your team

- ...What are my beliefs and values around sexuality?
- ...What messages am I or my organization sending about sexuality?
- ...What language am I using unintentionally that may be showing judgment or disregard for certain sexual preferences or practices?

This training will teach your team

- Reproductive anatomy and functioning
- The most used contraceptive methods and how they work
- What contraceptive methods may be best for different population groups
- Common STDs, their symptoms, prevention, and testing
- Local laws and policies regarding reproductive health and age of consent
- To shift language to be sex positive, inclusive, and trauma-informed



### READY TO LEARN?

"Everyone has a pelvis!" This phrase came from a late night brainstorm at the 2015 Sex Ed Conference with a colleague. Regardless of sexual orientation, gender identity, trauma history, or beliefs about sexuality, we all have the same opportunity to embrace and learn about this important aspect of our lives. And because all of our clients have a pelvis, all of our clients deserve providers who have a working knowledge and pool of referrals to help them navigate.

With gratitude,  
Mary-Margaret Sweeney, LSW, RYT  
Founder, seek&summon  
[info@seekandsummon.com](mailto:info@seekandsummon.com)

### WHAT ARE PEOPLE SAYING ABOUT THIS WORKSHOP?

"Whether teaching about sex & diversity, or sex & public policy, or sexual health & reproduction, Mary-Margaret illuminates complicated issues in an accessible, open, and highly engaging manner. She has a real gift for teaching and connecting to students, who describe her as brilliant, funny, and enlightening." --Dr. Marjorie Jolles, Roosevelt University, Chicago IL